

Do you know what mushrooms are in the soup and how to cultivate them?

Scientific Name

Cultivation Medium

Cultivation Method



Pholiota microspora



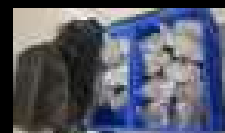
Short Bed Log



1. Sterilization of Short Log
(Late December ~ Late January)



2. Inoculation



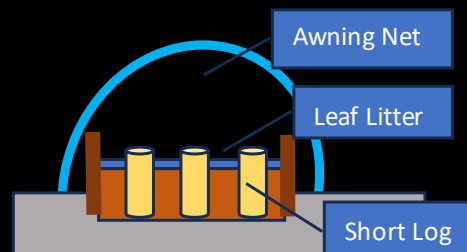
3. Incubation



Hericium erinaceus



Short Bed Log



4. Fruiting Treatment (Early August)



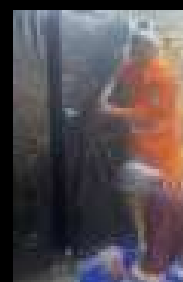
Cordyceps militaris



Wheat Grain

1. Sterilization of Medium

2. Inoculation



3. Incubation



4. Fruiting

JOCV Green Opportunities to Enhance
Nutrition & Health (J-GOEN)



GOEN is a Japanese word meaning God's blessing on meeting someone in life.